

### HUFF N' PUFF 2024 PROGRAMME SCHEDULE

*As per our agreement with the City of London, the schedules below may be changed due to holidays and pre-empted by other activities. Every effort will be made to give convenors and members as much notice as possible. Please check the website and venue notice boards for updates.*

Basic Membership Only								
ACTIVITY	Frequency	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Location	Fee
Bowling - 5 Pin	Sep - Apr					12:45	Fleetway	\$13.00
Bus Trips		Check website, Notice Boards or Newsletter						
Curling	Nov - Mar	9:30					Ingersoll	\$13/game
Curling	Nov - Mar			9:00		1:30	Ilderton	\$13/game
Cycling - 5 Groups	Apr - Oct	Call or email convenor for times and locations - information can be found on the website						
Darts	Yr Round		1:00-3:00		1:00-3:00		Victory Legion	
Golf (12 holes)	Apr - Sep					7:00-10:00	Crumlin Creek	\$22.00
Hockey (non contact)	Oct - Mar		9:00-12:00		9:00-12:00		Lon. Sports Pk	\$520.00
Horseshoes	May - Aug	9:30-12:00					McMahen Pk	
Snooker	Oct - Apr	9:00-11:30	9:00-11:30	9:00-11:30	9:00-11:30	9:00-11:30	Victory Legion	\$2.00

The fees shown for basic membership activities (above) are, for the most part, for charges outside of our control and are subject to change.

Full Membership (also includes Basic Membership activities)								
ACTIVITY	Frequency	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Location	
Aerobics	Sep - Jun		8:30-9:45		8:30-9:45		CHOCC	
			10:00-11:00		10:00-11:00			
Aquafit / Lane Swim	Yr Round	9:45-10:45		9:45-10:45			ELCC	
Badminton	Yr Round	10:00-12:00	9:30-11:30		9:30-11:30		NLOCC	
Ball Hockey	Oct - Apr		3:15-4:15			1:00-2:00	NLOCC	
Basketball	Yr Round		10:00-11:30		10:00-11:30		Stronach	
Bocce	Yr Round	1:00-3:00					Marconi Club	
Carpet Bowling	Sep - Jun		9:30-11:30				CHOCC	
Intermediate Tap Dance	Sep - Jun	11:30-12:30					Jo Read Studio	
Jazzy Tappers	Yr Round	10:00-12:00					Jo Read Studio	
	Yr Round			10:00-12:00			NLOCC	
Line Dancing	Sep - Jun		1:00-2:00				CHOCC	
Pickleball	Yr Round	8:00-10:00		3:30-5:30		8:00-10:00	NLOCC	
Pickleball	Sep - Jun	2:30-4:30		8:30-10:30		8:30-10:30	Stronach	
		7:30-9:30		7:30-9:30			SLCC	
		8:00-10:00		3:30-5:30		8:00-10:00	CHOCC	
Roller Skating	Yr Round			10:00-11:30			NLOCC	
Singing	Sep - Jun		10:00-11:30				NLOCC	
Slo-Pitch	May - Sep		9:00-11:00		9:00-11:00		Stronach	
Slo-pitch; Bruce Greenaway Sr Rec	May - Sep		9:00-11:00		9:00-11:00		NL Athletic Fields	
Table Tennis	Sep - Jun	1:00-3:00		1:00-3:00		1:00-3:00	CHOCC	
Tennis	Yr Round	7:30-9:30	7:30-9:30		7:30-9:30		NLOCC	
		1:30-3:30		1:30-3:30	1:30-3:30			
Volleyball (Recreational)	Oct - Apr		12:30-2:30		12:30-2:30		NLOCC	
Volleyball (Sys positional)	Oct - Apr			12:30-2:30			NLOCC	
Volleyball (Sys non-pos)	Oct - Apr		12:30-2:30		12:30-2:30		Stronach	
Walk Fit	Sep - Jun	9:30-10:30		9:30-10:30		9:30-10:30	ELCC	
Yoga	Sep - Jun	8:00-9:30		8:00-9:30			CHOCC	
	Jun - Aug	8:00-9:30		8:00-9:30			NLOCC	

Please see the website for more details regarding all of the above activities

**Huff N' Puff website: [www.huffnpuffsfa.com](http://www.huffnpuffsfa.com)**